

14th Annual
ICE HOUSE

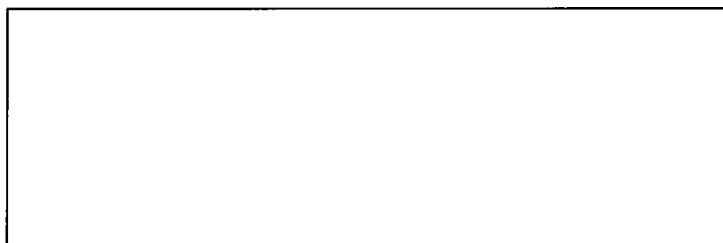
Basic Skills Competition

Sunday
April 27, 2014

Approved by US Figure Skating # 41673

Hosted by Ice House of NJ Figure Skating Club
www.icehousenjpsc.org

ICE HOUSE
"Home of Champions"
111 Midtown Bridge Approach
Hackensack, NJ 07601





NEW JERSEY Basic Skills Series

Mission Statement:

Our purpose is to give skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season the skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the New Jersey Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place at the end of the season at the Mennen Arena in Morristown, NJ the date TBD, and will be hosted by the SCoM, NJ.

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system of scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 points

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken. **Points are accumulated for Compulsory and Free Skate events separately.** Medals will be awarded (1-4th place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams and Showcase Events **will NOT** be counted. At the end of the Series Season, any skaters who moved up a level will be awarded 6 bonus points (6 points only, whether they move up one level or more). All points follow the skater throughout the year.

Please Note: The USFS New Jersey Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at the participating rinks and the club websites. Each competition will have its own entry forms and specific rules. Please make sure to read the entire announcement for each competition.

2013 – 2014 New Jersey Basic Skills Series



Frankenskate
Jersey Coast FSC
10/26/2013



Winter Escapade
Essex FSC
January 18, 19, 2014



Staten Island BS 2/23/2014
Skylands 3/23/2014
Ice Vault BS 5/4/2014
North Jersey FSC



Morris Open
March 28, 29, 30, 2014
Skating Club of Morris



Basic Skills Competition
04/12/2014
Princeton Skating Club



Ice House of NJ FSC BS
04/27/2014
Ice Hour of New Jersey FSC



Skate Bridgewater BS Competition
05/18/2014
Skating Club of Bridgewater

ICE HOUSE Basic Skills Competition

WHEN: Sunday, April 27, 2014

LOCATION: Ice House
111 Midtown Bridge Approach
Hackensack, NJ 07601
(201) 487- 8444

CHAIRMAN: Edward VanCampen
figureskating@icehousenj.com

CHIEF REFEREE: Ilana Prusock

ELIGIBILITY: The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries April 04, 2014. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 may skate at highest level passed, or one level higher, BUT not both levels in the same event during the same competition.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

RULES: The competition will be conducted according to the rules in the 2013-2014 Rule Book except as stated herein. **The 6.0 judging system will be used for this competition.**

LIABILITY: The USFS, the Ice House of NJFSC, and the Ice House accept no responsibility for injury or damage sustained by any participant in this competition; competitors assume the risk of competing in accordance with US Figure Skating rule CR 10.12

PRACTICE ICE: Information and applications will be posted on the Ice House of New Jersey FSC site www.icehousenjpsc.org and the Ice House site www.icehousenj.com.

SCHEDULE: **Do not send self-addressed, stamped envelopes.** A tentative schedule will be available approximately one week before the competition. Individual group assignments with dates and times will be posted on the Ice House website, www.icehousenj.com as soon as available. Please check for schedule changes prior to traveling to the competition.

MUSIC: Only CD's will be accepted. They must be clearly marked with competitor's name and event. Please submit CD's in a paper sleeve at the registration desk on arrival (at least one hour prior to scheduled event). Please pick up CD's promptly after the event. The Ice House assumes no responsibility or liability due to loss or damage to any CD's. All possible care will be taken. Competitors should have duplicate CD's with them at their scheduled event (in case of problems with the original music) and for practice sessions. **No CD's in RW format will be accepted. Only one track per CD please.**

RINK: Oval, 200 x 85 feet

AWARDS: Medals will be presented for First through Fourth places in each event.

VIDEO: Only battery operated video equipment will be permitted. There will be professional videotaping available for purchase.

DEADLINE: Online entry will end at 11:59pm on April 04, 2014. Paper applications must be accompanied by entry fee and must be postmarked no later than **April 04, 2014**. Late entries will be accepted at the discretion of the Competition Chair and will require **DOUBLE** the entry fee. **THERE WILL BE NO REFUNDS** except for the cancellation of an event. Make checks payable to: **Ice House of NJFSC**.

ENTRY FEES: If entered through Entryeeze 1st Event: \$60.00, 2nd Event: \$40.00, 3rd Event: \$20.00
If paper entry 1st Event: \$70.00, 2nd Event: \$40.00, 3rd Event: \$20.00

**Please log onto WWW.ENTRYEEZE.COM or
WWW.ICEHOUSENJFSC.ORG sites for online entry.**

EVENT CHANGE FEE: Please review your application closely with your coach to ensure you have entered the correct events/levels. Once names have been submitted to the Chief Referee, no changes will be made except those due to an error by the LOC. After the deadline date any change in registration because of an error on your application will result in a \$25.00 fee per change.

RETURNED CHECKS: There will be a \$30.00 fee charged for every returned check.

If mailing in paper entry please mail to this address and add appropriate entry fees

MAIL TO: Edward VanCampen
c/o: Basic Skills Competition
ICE HOUSE
111 Midtown Bridge Approach
Hackensack, NJ 07601

REGISTRATION:: Please arrive 1 hour prior to your scheduled event. Report to the Registration Desk where you will hand in your music and receive a skater's information packet. Competitors who arrive after their warm-up group begins will be allowed to skate only at the discretion of the referee. If they do not skate, they will forfeit all fees for that event.

NOTICE: ***You must fill out the entire form. Notice that the current USFS member number/Basic Skills member numbers are mandatory. Also mandatory is the highest level passed and the signatures of Coach and Rink/Club Official to verify membership and approval of levels. Failure to do so will result in return of application. NO APPLICATIONS MAY BE HANDED IN – COMPLETED APPLICATIONS MUST BE MAILED AND POSTMARKED NO LATER THAN April 04, 2014, TO BE ACCEPTED.***

COACHES: ***USFS has expanded coaches registration to Basic Skills Competitions. All instructors who are 18 years or older are required to be registered as an instructor and submit their information for a background check. Please contact USFS and speak to member services.***

Last Name	First	MI	Sex	Birthdate	Age	USFS/BS # (mandatory)
Street Address		City	State		Zip Code	
e-mail			Home phone		Cell Phone	
Home club or rink		Coach	Coach's e-mail		Coach's phone	

Highest USFS/BS/ISI test level passed as of 4/04/2014: _____ (mandatory)

Please check the event(s) you are entering:

Basic Elements (A) (no music - half ice) <input type="checkbox"/> Snowplow Sam 1-3 <input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 5 <input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 6 <input type="checkbox"/> Basic 3 <input type="checkbox"/> Basic 7 <input type="checkbox"/> Basic 4 <input type="checkbox"/> Basic 8	Basic Program (B) (with music - full ice) <input type="checkbox"/> Snowplow Sam 1-3 <input type="checkbox"/> Basic 1 <input type="checkbox"/> Basic 5 <input type="checkbox"/> Basic 2 <input type="checkbox"/> Basic 6 <input type="checkbox"/> Basic 3 <input type="checkbox"/> Basic 7 <input type="checkbox"/> Basic 4 <input type="checkbox"/> Basic 8	Free Skate 1-6 Compulsory Event (C) (no music - half ice) <input type="checkbox"/> Free skate 1 <input type="checkbox"/> Free skate 2 <input type="checkbox"/> Free skate 3 <input type="checkbox"/> Free skate 4 <input type="checkbox"/> Free skate 5 <input type="checkbox"/> Free skate 6
Free Skate 1 - 6 Program Event (D) (with music - full ice) <input type="checkbox"/> Free Skate 1 <input type="checkbox"/> Free Skate 2 <input type="checkbox"/> Free Skate 3 <input type="checkbox"/> Free Skate 4 <input type="checkbox"/> Free Skate 5	Test Track/Well Balanced Compulsory Moves (E) (no music - half ice) <input type="checkbox"/> Beginner <input type="checkbox"/> High Beginner <input type="checkbox"/> No Test <input type="checkbox"/> Pre Preliminary <input type="checkbox"/> Preliminary	Test Track Free Skate (F) (with music - full ice) <input type="checkbox"/> Beginner <input type="checkbox"/> High Beginner <input type="checkbox"/> Pre Preliminary <input type="checkbox"/> Preliminary
Well Balanced Program Free Skate (G) (with music - full ice) <input type="checkbox"/> No Test <input type="checkbox"/> Pre-preliminary <input type="checkbox"/> Preliminary	Adult Event (H) (with music - full ice) <input type="checkbox"/> Adult 1 <input type="checkbox"/> Adult 4 <input type="checkbox"/> Adult 2 <input type="checkbox"/> Adult 5 <input type="checkbox"/> Adult 3 <input type="checkbox"/> Adult 6 <input type="checkbox"/> Adult Pre Bronze <input type="checkbox"/> Adult Bronze	Artistic/Showcase Event (I) (with music - full ice) <input type="checkbox"/> Singles Entertainment <input type="checkbox"/> Duet <input type="checkbox"/> Mini Ensemble 3-7 skaters

Endorsement of coach _____

"These are the correct events for this skater." (Mandatory)

Online Entry Fee: \$60.00 1st Event \$40.00 2nd Event \$20.00 3rd Event
Paper Entry Fee: \$70.00 1st Event \$40.00 2nd Event \$20.00 3rd Event

Deadline: April 04, 2014. Make Checks Payable to: ICE HOUSE NJFSC Total fees enclosed \$ _____

Please review your entry form carefully as all event changes due to your error will incur a \$25.00 fee per change. Entry forms postmarked later than April 04, 2014 must pay double entry fee as late fee if accepted

I understand that I, my son or daughter, skate at this competition at my/their own risk and hereby release the ICE HOUSE, its directors and volunteers, its Director and professional staff, and all other personnel from all liability.

Signature (Parent of Skater if under 18) _____

Rink/Club Authorized Signature _____
(Mandatory)

**Enter online at Entryeeze.com, Icehousenjpsc.org or Mail entry form with check to:
 Edward VanCampen Attn: Basic Skills Competition
 ICE HOUSE, 111 Midtown Bridge Approach, Hackensack, NJ 07601**



U.S. Figure Skating Basic Skills Competitions

EVENT: (A) Basic Elements Event: SNOWPLOW SAM – BASIC 8

Format choice of the host: Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- To be skated on 1/3 to 1/2 ice
- No music
- **Elements must be skated in the order listed**

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 max.	<ul style="list-style-type: none"> • March followed by a two foot glide and dip • Forward two foot swizzles 2-3 in a row • Forward snowplow stop • Backward wiggles 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two foot glide and dip • Forward two foot swizzles 6-8 in a row • Forward snowplow stop • Backward wiggles 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one foot glide - either foot • Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot • Moving snowplow stop • Two foot turn in place- forward to backward • Backward two foot swizzles 6 - 8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive • Forward slalom • Backward one foot glide - either foot • Two foot spin – minimum three revolutions
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn - R & L • Forward outside edge on a circle clockwise or counter clockwise • Forward crossovers 4-6 consecutive both directions • Backward stroking - 4-6 strokes • Backward snowplow stop - R or L
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle clockwise or counterclockwise • Backward crossovers 4-6 consecutive - both directions • Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions • Side toe hop -either direction • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn - R & L • Bunny Hop • Forward spiral on a straight line - R or L • Lunge - R or L • T-stop - R or L
Basic 7	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk - R to L and L to R • Ballet Jump - either direction • Back crossovers to a back outside edge landing position clockwise and counter clockwise • Forward inside pivot
Basic 8	1:00 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns R & L • Waltz jump • Mazurka - either direction • Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge • Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position - minimum three revolutions



U.S. Figure Skating Basic Skills Competitions

EVENT: (B) BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- Skaters may compete at the highest level they have passed, or “skate up” to one level higher.
- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules / standards
Snowplow Sam 1-3	1:00 +/-10 max.	<ul style="list-style-type: none"> • March followed by a two foot glide and dip • Forward two foot swizzles 2-3 in a row • Forward snowplow stop • Backward wiggles 2-6 in a row
Basic 1	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward two foot glide and dip • Forward two foot swizzles 6-8 in a row • Forward snowplow stop • Backward wiggles 6-8 in a row
Basic 2	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward one foot glide - either foot • Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot • Moving snowplow stop • Two foot turn in place- forward to backward • Backward two foot swizzles 6 - 8 in a row
Basic 3	1:00 +/-10 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive • Forward slalom • Backward one foot glide - either foot • Two foot spin – minimum three revolutions
Basic 4	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn - R & L • Forward crossovers 4-6 consecutive both directions • Backward stroking - 4-6 strokes • Backward snowplow stop - R or L
Basic 5	1:00 +/-10 max.	<ul style="list-style-type: none"> • Backward crossovers 4-6 consecutive - both directions • Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions • Side toe hop -either direction • Hockey stop
Basic 6	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn - R & L • Bunny Hop • Forward spiral on a straight line - R or L • Lunge - R or L • T-stop - R or L
Basic 7	1:00 +/-10 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk - R to L and L to R • Ballet Jump - either direction • Back crossovers to a back outside edge landing position clockwise and counter clockwise • Forward inside pivot
Basic 8	1:00 +/-10 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns R & L • Waltz jump • Mazurka - either direction • Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge • Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position - minimum three revolutions



U.S. Figure Skating Basic Skills Competitions

EVENT: (C) Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

Level	Time	Skating rules / standards
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Advanced forward stroking - 4-6 consecutive • Backward outside three-turns R & L • One-foot upright scratch spin from backward crossovers-minimum three revolutions • Waltz jump from backward crossovers • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Forward outside or inside spiral - R or L • Waltz Three's - R or L, 2-3 sets • Beginning back spin - entry optional – minimum two revolutions • Waltz jump, side toe hop, waltz jump sequence • Toe loop jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Forward crossovers in a figure 8 • Backward inside three-turns, R & L • Back spin- minimum three revolutions • Salchow jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets-R or L • Sit spin- minimum three revolutions • Loop jump • Waltz jump/loop jump combination
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Camel spin- minimum three revolutions • Forward upright spin to back upright spin- minimum three revolutions, each foot • Loop/loop jump combination • Flip jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) • Camel, sit spin combination - minimum of four revolutions total • Split jump or stag jump • Waltz jump, ½ loop, Salchow jump sequence • Lutz jump



U.S. Figure Skating Basic Skills Competitions

EVENT: (D) Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

Level	Time	Skating rules / standards
Free Skate 1	1:30+/-10 sec	<ul style="list-style-type: none"> • Advanced forward stroking - 4-6 consecutive • One-foot upright scratch spin from backward crossovers-minimum three revolutions • Waltz jump from backward crossovers • Half flip jump
Free Skate 2	1:30+/-10 sec	<ul style="list-style-type: none"> • Forward outside spiral - R or L • Beginning back spin - entry optional – minimum two revolutions • Waltz jump, side toe hop, waltz jump sequence • Toe loop jump
Free Skate 3	1:30+/-10 sec	<ul style="list-style-type: none"> • Forward crossovers in a figure 8 • Back spin- minimum three revolutions • Salchow jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:30+/-10 sec	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets -R or L • Sit spin- minimum three revolutions • Loop jump • Waltz jump/loop jump combination
Free Skate 5	1:30+/-10 sec	<ul style="list-style-type: none"> • Camel spin- minimum three revolutions • Forward upright spin to back upright spin- minimum three revolutions, each foot • Loop/loop jump combination • Flip jump
Free Skate 6	1:30+/-10 sec	<ul style="list-style-type: none"> • Camel, sit spin combination - minimum of four revolutions total • Split jump or stag jump • Waltz jump, ½ loop, Salchow jump sequence • Lutz jump



U.S. Figure Skating Basic Skills Competitions

EVENT: (E) Test Track and Well Balanced Compulsory Moves

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Level	Time	Skating rules / standards
Beginner (formally Limited Beginner)	1:15 max.	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two foot or one foot spin, minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner (formally Beginner)	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin- minimum three revolutions • Forward or backward spiral
No Test	1:15 max.	<ul style="list-style-type: none"> • Loop jump • Jump combination to include a toe loop (may not use a loop or Axel) • Solo spin- sit <u>or</u> camel spin - minimum three revolutions • Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.
Pre – Preliminary	1:15 max.	<ul style="list-style-type: none"> • Single flip • Jump combination: single / single (no Axel) • Sit spin or camel spin; min. 3 revolutions • Spiral sequence with 1 forward spiral and 1 backward spiral (any edge)
Preliminary	1:15 max.	<ul style="list-style-type: none"> • Single Lutz • Jump combination: single / single (may include Axel) • Back upright spin; min., 3 revolutions • Forward inside spiral

