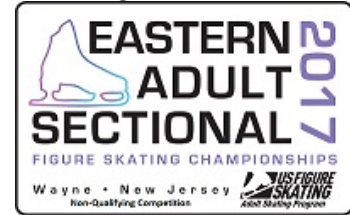




Sanctioned by US Figure Skating Number: 24581



The North Jersey Figure Skating Club, Inc. announces:

2017 North Jersey Eastern Adult Non- Qualifying Competition

Dates: March 10-12, 2017

Location: Ice Vault Arena www.icevault.com
10 Nevins Road
Wayne, NJ 07470
Phone: 973-628-1500

Official Website: www.easternadultsectionals.com

Chairperson(s): Richard Breitweiser 78 Boulevard Westwood, NJ 07675
(201) 696-8046 (212) 406-2462 (work) rfbskate@optonline.net

Rules: The competition will be conducted according to the rules in the USFS 2016-2017 Rule Book **except as stated herein**. The IJS judging system will be used for well-balanced programs for the following Men's and Ladies' Free Skating events: Adult Masters Jr-Sr (IJS), Adult Masters Int-Nov (IJS), Adult Gold (IJS). The 6.0 judging system will be used for all other events. You may enter as many disciplines as qualified by test level and age but **MAY COMPETE IN ONLY ONE EVENT PER DISCIPLINE**. Solo Dance and Dance events are considered separate disciplines. Planned Program Content Sheets (PPC) **MUST BE COMPLETED IN THE USFS MEMBERS ONLY SECTION**.

Eligibility: Competitors must be members in good standing of a club or probationary club having membership in U.S. Figure Skating or be an individual member of U.S. Figure Skating. Test and age requirements are as of **February 1, 2017 (close of entries)**.

Entries: **Electronic Entry is the only method to enter:**

1. Secure Online Registration and credit card payment will be available at: <http://comp.entryeeze.com/Home.aspx?cid=278>. The assumption of risk and legal waiver is included in the electronic entry and **MUST BE ACKNOWLEDGED** and **ACCEPTED** for entry.
2. Skater and Coach schedules will be posted on the web at:



www.easternadultsectionals.com and <http://comp.entryeeze.com/Home.aspx?cid=278>.

3. Practice ice sessions WILL BE AVAILABLE online at <http://comp.entryeeze.com/Home.aspx?cid=278>.
4. Deadline for Entries: MUST BE ENTERED BY Midnight **February 1, 2017**.
5. Both, skaters and Coaches must be registered in the Entryeeze System.

No changes may be made to a competitor's application once the deadline has passed. Double check your event registration with your coach. MAKE SURE YOU HAVE ENTERED THE CORRECT CATEGORY.

Fees: **ENTER ONLINE ONLY** <http://comp.entryeeze.com/Home.aspx?cid=278>. NOTE: event price plus entryeeze fee is charged.

IF ENTERED IN AN IJS ADULT EASTERN QUALIFYING EVENT:

First non-qualifying IJS Event: \$100 per event
 Second & Subsequent 6.0 Event: \$90 per event

IF NOT ENTERED IN AN IJS ADULT EASTERN QUALIFYING EVENT:

First non-qualifying IJS Event: \$165
 First 6.0 singles non-qualifying event: \$90
 Second and Subsequent 6.0 Events: \$90

NON-QUALIFYING FIXED PRICE EVENTS:

\$130 or \$65 for each partner of Pair or Free Dance team;
 \$130 or \$65 for each partner for Open Pattern Dance;
 \$90 or \$45 for each other partnered event

PAPER ENTRIES WILL NOT BE ACCEPTED

If you need assistance, contact Rick at rfbskate@optonline.net

Refund Policy: Full refunds, **minus the online processing fee**, are available if withdrawal is prior to February 1, 2017. After February 1, 2017, entry refunds are **only available** if the competition event is not held. There will be **NO** medical refunds given. Please contact North Jersey FSC for refund information. **The processing fee is not refundable for any reason, including event cancellation. (See USFS Rule# 3235).**

Registration: The registration desk will open **at least** one hour before the first event. Participants must be present **at least** one hour before their scheduled event time in case the competition is running early. All competitors **must** have a duplicate CD (back-up) with them at the rink (SEE MUSIC!)

Music: **MUSIC DOWNLOAD DEADLINE IS Friday, February 24, 2017, at 11:59PM EST.**

For the 2017 Adult Eastern Non-Qualifying Competition, online music submission is the **ONLY** acceptable method to submit program music. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "Competition" tab and then selecting

“My Music.” Please be sure you are uploading the correct music for the correct event segment. Be careful, for example, not to mix up your short program and your free skate!

The uploaded program music **MUST** conform to the following specifications:

Programs per file: One [1] - Only one piece of competition program music (e.g. short program, free skate, short dance, free dance, etc.) per file is allowed.

File Format: mp3 - The uploaded file music must be an mp3 file (MPEG-1 or MPEG-2 Audio Layer III). Simply changing the file extension to “mp3” from another file format is not acceptable.

Bit Rate: 192 kbps is requested (bit rates between 128 and 320 kbps will be accepted).

Maximum file size: 10 MB

Maximum run time: Five [5 minutes]

ID3 Metadata [tags]: None - The Chief Music Coordinator strongly requests that mp3 files **DO NOT** contain any ID3 metadata, commonly called tags. This is especially true of any embedded images such as album cover art, picture of the skater, etc. Please, **NO EMBEDDED IMAGES!**

Maximum leader: Two [2] seconds] - The leader is the silence between the start of the track and the actual start of the program music. The Chief Music Coordinator requests that there be **NO** leader.

Maximum trailer: Two [2] seconds] - The trailer is the silence between the end of the program music and the end of the actual track. The Chief Music Coordinator requests that there be **NO** trailer.

Backup Music at Event [CDs]: In addition to submitting the music online, all competitors/teams must also have at least one [1] backup copy of their competition music on CD, **AT RINKSIDE**, during the actual competition event or official practice. CDs must meet the following requirements:

- In standard Audio CD format (Compact Disc Digital Audio). Other formats, including mp3 are **NOT** acceptable.
- Clearly marked with a permanent marker (e.g. Sharpie, do **NOT** use a label or tape) as follows: First Name, Last Name, (Club – Optional but requested), Event, Event Segment and Music Length (e.g. Jane Smith, Acme FSC, Novice Ladies, Free Skate, 3:10 or Synchro Team, Widget FSC, Preliminary, Free Skate, 1:59)
- Each CD may have only **ONE** [1] music track on it. In the case where a skater competes in both a short program/dance and a free skate/free dance, two [2] separate discs must be available. Any disc with more than one [1] track is **NOT** acceptable.
- Lead in time (time before the music begins) on CDs may not exceed two [2] seconds.
- Due to the compatibility and reliability reasons, music may **NOT** be submitted on re-recordable “CD-RW” discs. **PLEASE, no CD-RWs!!**

The LOC, competition officials, and volunteers exercise reasonable care when handling CDs. However, they are not responsible for damage to or loss of any CDs. The LOC is not responsible for CDs not picked up by the end of the competition. Those CDs will be destroyed.

Penalty for Incorrect Music or Failure to Upload Music: The LOC may assess each competitor/team an additional charge, up to \$25.00 per event segment, if the competitor/team: 1) fails to submit their music prior to the close of online music submission, 2) submits files that do not follow the specifications above, or 3) uploads the incorrect music for a given event segment (e.g. uploads short program music instead of the free skate). In the event the LOC decides to assess a penalty, the competitor/teams will not receive their credential

Coach Compliance INFORMATION REGARDING COACHES: U.S. Figure Skating Rule MR 5.11 Coach Registration.

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:
<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

- Credentials:** Each athlete will receive a complimentary credential for one designated approved coach. The coach that you select as your primary coach in Entryeeze will be the coach who receives the credential.
- The credentials are marked with the individual's name and are non-transferable. You must have credentials to enter the rinks at Ice Vault Arena, the warm-up area and the locker rooms. Additional coach credentials may be purchased at the registration desk. Additional coach credentials are \$5.00.
- At the time of registration, AFTER competition music has been turned in, each competitor will receive their credential. The competitor's coach will pick up their credential separately at check-in.
- A photo ID must be shown by all coaches when the credential is picked up. CREDENTIALS are non-transferable!**
- Credentials must be worn at all times while to enter the rinks at Ice Vault Arena. Any lost credentials will be replaced for an additional charge of \$5 per credential.**
- Schedules/Notices:** Final Schedules will be available 7-10 days prior to the start of the competition and will **ONLY** be posted on the entryeeze and North Jersey FSC websites: www.easternadultsectionals.com and <http://comp.entryeeze.com/Home.aspx?cid=278>. Please note that the schedule is prepared by the Referee and/or LOC after the close of entries and is based strictly on the number of events and competitors and the availability of judges. No changes to the schedule will be allowed to accommodate personal or family conflicts. **NO SCHEDULES WILL BE MAILED – CHECK THE WEBSITES. NOTICES WILL BE ON THE WEBSITE.** A TENTATIVE SCHEDULE IS ATTACHED TO THIS ANNOUNCEMENT AND IS BASED ON PRIOR YEARS EXPERIENCE. **PLEASE REMEMBER THE WORD TENTATIVE!**
- Liability:** U.S. Figure Skating, the North Jersey FSC, Inc., Ice Vault Arena and their volunteers and employees accept no responsibility for injury or damage sustained by any participant in the competition. **SKATE AT YOUR OWN RISK.**
- Limitations:** *We may not be able to accommodate all entries and the LOC reserves the right to cancel events due to lack of entries.* If limits must be placed on any event, entries will be based on the electronic entry date. Anyone closed out of an event will be notified and the applicable portion of the fee returned. Under no other circumstances will a refund be given after the close of entries (February 1, 2017), including conflicting family activities, injuries, illness (USFS Rule# 3235).
- Awards:** Medals will be awarded for First, Second, Third and Fourth place.
- Admission:** Spectator admission to this event is free.
- Facility:** The two ice surfaces at Ice Vault Arena measure 200' by 85'. (NHL Rinks)
- Practice Ice:** **All Practice ice will be reserved through the entryeeze system or at the competition, if available.** Practice Ice will be available beginning Friday, March 10, 2017 and throughout the remainder of the competition.

All skaters must register at the registration desk prior to skating any unofficial practice session.

There will NOT be any refunds after signing up for any unofficial practice ice sessions or for missed practice sessions due to any reason.

Safety on the ice is the responsibility of the skater. Skaters are expected to follow usual rink etiquette. Coaching shall be from behind the side boards. Coaches are not permitted to be in the music box or on the platform for the officials. Skaters who are not skating shall leave the ice surface to rest or converse. Only credentialed coaches and credentialed athletes will be permitted in the restricted areas with access to the ice.

UNOFFICIAL PRACTICE ICE: ONLY Unofficial practice ice will be sold for non-qualifying events and will be done online after the schedule is published and the cost will be \$20.00 per session for 20 minutes. Skaters and coaches will be notified when the schedule is published and it will also indicate the date and time that practice ice sales will begin. It is suggested that you log in and purchase your sessions as soon as possible because sessions will be sold on a first come, first serve basis and there is no limit as to how many a skater can purchase. Any remaining sessions may be purchased at the rink at a cost of \$25.00.

Music will **NOT** be played on unofficial practice sessions.

Flowers/Gifts:

Celebratory items may be thrown onto the ice following the completion of a skater's performance only in designated "toss areas." Items should be limited to small stuffed toys, flowers, or pre-packaged snacks or candy. All items tossed onto the ice MUST be securely wrapped in a fastened plastic bag. Celebratory items and plastic bags will be available for sale at the NJFSC club table.

Vendors:

We plan to have video/photography and other vendors at the competition. Check the website at www.easternadultsectionals.com for more information. ***Flash photography is NOT allowed during the competition.*** For sweatshirts and T-shirts see the entryeze web site. ALL ITEMS MUST BE PRE-ORDERED.

Our Volunteers:

We endeavor to get it right for all competitors BUT are likely to fail at times. Please remember that we are all volunteers and as adults, we can always get along!

Program:

The event program will be free to each competitor. Additional programs may be purchased for \$2.00. Based on past events, the program will be in a format to convey information. We do not plan to print photos or biographical data..

Tentative Schedule: The schedule is tentative and subject to change. An updated schedule will be posted on the event web page based on actual entries as soon as possible. See www.northjerseyfsc.org.

Friday, March 10, 2017 (Note: if numbers of entries warrant it, times may be backed into Friday afternoon.)

Adult Dramatic Entertainment Events	Afternoon or Evening
Adult Light Entertainment Events	Afternoon or Evening
Adult Masters Jr-Sr NQ FS	Evening Ladies & Men
Adult Masters Int-Nov NQ FS	Evening Ladies & Men
Championship Adult Dance IR (Pattern Dance)	Evening

Saturday, March 11, 2017

Championship Masters Jr-Sr FS	Ladies & Men
Championship Masters Int-Nov FS	Ladies & Men
Championship Adult Gold FS	Ladies & Men
Championship Dance (Free Dance)	Ladies & Men
Championship Masters Pairs	
Championship Silver	Ladies & Men
Adult Gold NQ FS	Ladies & Men
Adult Pairs NQ	
Adult Silver NQ FS	Ladies & Men
Adult Bronze NQ FS	Ladies & Men
Adult Pre-Bronze NQ FS	Ladies & Men

Sunday, March 12, 2012

Compulsory Moves Events	Ladies & Men
Spin Events	Ladies & Men
Adult Couples Pattern Dance	IR & FR
NQ Free Dance	
Adult Solo Pattern Dance	

Save this Announcement. Check the website for schedules and updates: www.northjerseyfsc.org

PLEASE DO NOT CALL ABOUT SCHEDULES

Directions to Ice Vault Arena:

10 Nevins Road (Off Barbour Pond Road from Valley Road)
Wayne, NJ 07470
Phone: 973-628-1500
Fax: 973-628-1555
Pro Shop: 973-628-1500 ext. 107
www.icevault.com (more detailed directions on website)

From Rt-23: Rt-23 to Alps Road exit (Wayne). (Rt-23 North exits directly onto Alps Road. From Rt-23 South proceed to stop sign and turn right on Alps Road.) Proceed approx. 2 miles to the traffic light at Alps and Ratzler Roads. Turn extreme right on Ratzler and proceed approx. 1 mile to the traffic light at Ratzler and Valley Roads. Turn left on Valley Road. Follow Valley Rd. for approx. 1 mile through first traffic light (Hamburg Turnpike). The next traffic light is Barbour Pond Drive, turn left. Rink is approx. 150 yards on right.

From Rt-46: Take route 46 West to the exit for Riverview Drive – Little Falls/Wayne. Take the exit and at the light, make a left and immediately get in the right lane where you will make the right turn to go onto Riverview Drive in Wayne. Go 5 lights on Riverview to Valley Road (golf course on right). Make a right onto Valley Road. Go 6 lights to Barbour Pond Road. Turn left onto Barbour Pond Road. Rink is approximately 150 yards on the right. Turn right onto Nevins Road.

From Garden State Parkway: Garden State Parkway South to exit 159, Rt-80 West. Proceed to Rt-23 North or Rt-46 West. *See directions from Route 23 or Route 46.

From NYC (Washington Bridge/Lincoln Tunnel): Follow Rt-46 West, Rt-80 West, or Rt-3 West. Proceed to Rt-23 North or Route 46 West and follow direction above.

From Rt-208: Rt-208 to Ewing Ave./Franklin Lakes exit. (Rt-208 North proceed to stop sign, then left on Ewing. Rt-208 South proceed to stop sign, turn right on Ewing.) Proceed to end of Ewing Avenue. Turn left on High Mountain Road. Continue approx. 1 mile to fork. Take right fork on Belmont Ave. and proceed approx. 2 miles to 2nd traffic light. Turn right on Pompton Road. Proceed up hill to next light, turn right on the Hamburg Turnpike. Follow Hamburg Turnpike approx. 1.5 miles to Valley Road. Turn right on Valley Road. At the next traffic light turn left on Barbour Pond Road. Rink is approx. 150 yards on the right.

AIR TRANSPORTATION

Newark Liberty International Airport (EWR)

Approximately 25 miles from Ice Vault Arena

Depending upon traffic driving time can range from about 40 to 60 minutes.

Van shuttle service from EWR is approximately \$80. Rental cars may be reserved from various rental car agencies in airport lobby.

ACCOMMODATIONS

Please make your reservations early to guarantee you have the necessary room(s). All hotel information may also be viewed on the event website www.northjerseyfsc.org.

OFFICIAL HOTELS:

Residence Inn
30 Nevins Road
Wayne, NJ 07470
(973) 872-7100

Next Door to Ice Vault Arena

Approximately a one-minute drive
www.residenceinnwayne.com

Studio King or One Bedroom Suite \$129 per night plus State and local tax. Double bedroom \$189 (great opportunity to share) All rooms have a full kitchen and includes breakfast.

To receive this special event rate, rooms may be reserved on-line by clicking the following link: The cutoff date for special rates is February 17, 2017.

Group Name: 2017 Eastern Adult Competitors. Link:

[Book your group rate for 2017 Eastern Adult Competitors](#)

Hilton Garden Inn
15 Nevins Road
Wayne, NJ 07470
(973) 878-1007

Next Door to Ice Vault Arena

Approximately a one-minute drive

<http://hiltongardeninn3.hilton.com/en/hotels/new-jersey/hilton-garden-inn-wayne-EWRWYGI/index.html>

\$119 per night plus State and local tax, no breakfast.

To receive this special event rate, rooms may be reserved on-line by clicking the following link: The cutoff date for special rates is February 17, 2017.

Group Name: 2017 Eastern Adult Competitors. Link Code: EAC

[Book your group rate for 2017 Eastern Adult Competitors](#)

OTHER HOTELS:

Holiday Inn
One Rt. 46 West
Totowa, NJ 07512
(973) 785-9000

6 miles from Ice Vault Arena

Approximately a 10-minute drive
www.holiday-inn.com/totowanj

Courtyard Marriott Mahwah
140 Rt. 17 South
Mahwah, NJ 07430
(201) 529-5200

14 miles from Ice Vault

Approximately a 20 minute drive
<http://www.marriott.com/hotels/travel/EWRMW-Courtyard-Mahwah>

Age Groups

Young Adult	18 through 20 years
Group I	21 through 35 years
Group II	36 through 45 years
Group III	46 through 55 years
Group IV	56 through 65 years
Group V	66 years and over

Composition of Events

FREE SKATING EVENTS

The program requirements for all levels and disciplines are posted on the U.S. Figure Skating web site at <http://www.usfsa.org>. Compliance with these rules as updated or amended is the responsibility of the participants. Please refer to this web site often for continuous updates.

ADULT SINGLES FREE SKATING EVENTS:

Please click on following link for requirements:

<http://www.usfsa.org/content/2016-17%20Adult%20Singles%20WBP%20Chart%20v1.1.pdf>

Please click on the following link for the singles eligibility chart:

<http://www.usfigureskating.org/content/2016-2017%20Adult%20Singles%20Eligibility%20Chart%20V1%2007-07-16.pdf>

ADULT PAIRS FREE SKATING:

Please click following link for requirements:

<http://www.usfsa.org/content/2016-17%20Adult%20Pairs%20WBP%20Chart%20v1%2007-07-16.pdf>

ADULT FREE DANCE:

Please click following link for requirements:

<http://www.usfsa.org/content/2016-17%20Adult%20FD%20Chart%20v1%2007-07-16.pdf>

PATTERN DANCE (PARTNERED):

Please click on following link for dances for all levels:

<http://usfigureskating.org/content/2016-17%20ID%20PD%20Chart%2005-16-16.pdf>

Please click on the following link for partnered dance timing and pattern chart:

<http://www.usfigureskating.org/content/2016-17%20ADULT%20PARTNERED%20DANCE%20TIMING%20CHART%20LMF%20090816.pdf>

SOLO DANCE EVENTS:

Please click on following link for dances for all levels:

<http://www.usfsa.org/content/2016-17%20ID%20PD%20Chart%2005-16-16.pdf>

Please click on the following link for solo dance timing and pattern chart:

<http://www.usfigureskating.org/content/2016-17%20ADULT%20SOLO%20DANCE%20TIMING%20CHART%20LMF%20090816.pdf>

DRAMATIC ENTERTAINMENT & LIGHT ENTERTAINMENT SKATE:

For masters dramatic entertainment skate, masters light entertainment skate, adult gold dramatic entertainment skate, adult gold light entertainment skate, adult silver dramatic entertainment skate, adult silver light entertainment skate, adult bronze dramatic entertainment skate and adult bronze light entertainment skate, test

qualifications as of the closing date of entries, program duration, program requirements and restrictions, and judging and marking will be as specified in the nonqualifying competition guidelines, posted on the USFS site and per rule 4700. <http://www.usfsa.org/content/16-17%20Showcase%20Guidelines.pdf>

ADULT COMPULSORY MOVES

General event parameters:

1. Elements may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Elements may not be repeated. Only required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Elements
Adult Pre-Bronze	1:15	<ol style="list-style-type: none"> 1. Backward crossovers (Min. 5 consecutive) 2. Waltz jump 3. Forward upright spin (Min. 3 revolutions) 4. Forward outside spiral
Adult Bronze	1:15	<ol style="list-style-type: none"> 1. Single Salchow 2. Waltz jump – toe loop combination jump 3. Sit spin (Min. 3 revolutions) 4. Spiral sequence (Min. 2 spirals)
Adult Silver	1:30	<ol style="list-style-type: none"> 1. Single loop 2. Single/single jump combination 3. Sit spin (Min. 3 revolutions) 4. Straight line step sequence
Adult Gold	1:30	<ol style="list-style-type: none"> 1. Single Lutz or Axel 2. Single/single or single/double jump combination 3. Camel spin (Min. 4 revolutions) 4. Straight line step sequence
Masters Intermediate/Novice	2:00	<ol style="list-style-type: none"> 1. Axel, double Salchow , double toe loop or double loop 2. Jump combination (double/double, single/double or double/single) that may include double Salchow , double toe loop or double loop and any single jump including Axel 3. Solo spin of skater’s choice (Min. 6 revolutions) 4. Straight line step sequence
Masters Junior/Senior	2:00	<ol style="list-style-type: none"> 1. Choice of any double jump 2. Jump combination that may include any double jump 3. Solo spin of skater’s choice (Min. 8 revolutions) 4. Straight line step sequence

ADULT SPINS CHALLENGE

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated..
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Adult Pre-Bronze	1:15	<ol style="list-style-type: none"> 1. One-foot upright spin (3) 2. Two-foot upright spin (3)
Adult Bronze	1:15	<ol style="list-style-type: none"> 1. One-foot upright spin (4) 2. One-foot back spin (3) 3. Sit spin (3)
Adult Silver	1:30	<ol style="list-style-type: none"> 1. Camel spin (3) 2. Layback, sideways leaning or sit spin (4) 3. Combination spin with at least one change of position, no change of foot (3 in each position)
Adult Gold	1:30	<ol style="list-style-type: none"> 1. Solo spin, no change of foot (4) 2. Second solo spin, different from the first; change of foot optional (4) 3. Combination spin with only one change of foot and at least one change of position (4 each foot)
Masters Intermediate/Novice	1:30	<ol style="list-style-type: none"> 1. Solo spin of skater's choice (Min. 6 revolutions) 2. Second solo spin, different from the first; change of foot optional. May have a flying entry. 3. Combination spin that may have more than one change of foot and at least one change of position (4 each foot)
Masters Junior/Senior	1:30	<ol style="list-style-type: none"> 1. Solo spin of skater's choice (Min. 8 revolutions) 2. Solo spin with a flying entry 3. Combination spin that may have more than one change of foot and at least one change of position (4 each foot). May have a flying entry

REGISTER ONLINE FOR THE 2017 North Jersey Eastern Adult Non-Qualifying Competition !!!!

**Payment via a secured credit card
transaction**

(processing fee applies)

**www.northjerseyfsc.org OR
<http://comp.entryeeze.com/Home.aspx?cid=278>**

**Simply follow the links for competition
information and then follow the link for
competition registration and pay with
a credit card.**